

HIGH MIDDLE LEVEL TEXTBOOKS

Bernstein, D. A., Penner, L. A., Clarke-Stewart, A., & Roy, E. J. (2006). *Psychology* (7th ed.). Boston: Houghton Mifflin.

ISBN: 0-618-52718-4

Publisher Contact Information:

Houghton Mifflin, 222 Berkeley Street, Boston MA. 02116

Phone: 800-733-1717 (Faculty Services)
800-225-1464 (Customer Service)

Web Site: www.hmco.com

Briefer version available.

Goals, Organization, and Content

The major goals of this 745 page, single-column format, 18-chapter, high middle level text are to explore the full range of psychology, from cell to society, in an eclectic manner as free as possible of theoretical bias, to balance the need to explain the content of psychology with an emphasis on the doing of psychology, to foster scientific attitudes and to help students learn to think critically by examining the ways that psychologists have solved, or failed to solve, puzzles of behavior and mental processes, to produce a text that is clear, accessible, and enjoyable to read without oversimplification, and to demonstrate that psychology is an integrated discipline in which each subfield is linked to other subfields by common interests and overarching research questions.

The text includes an appendix on behavioral genetics. It contains an entire chapter devoted to research methods, separate sensation and perception chapters, and two chapters devoted to social psychology.

The text contains the following chapters:

- 1 Introducing Psychology
- 2 Research in Psychology
- 3 Biological Aspects of Psychology
- 4 Sensation
- 5 Perception
- 6 Learning
- 7 Memory
- 8 Cognition and Language
- 9 Consciousness
- 10 Cognitive Abilities
- 11 Motivation and Emotion
- 12 Human Development
- 13 Health, Stress, and Coping
- 14 Personality
- 15 Psychological Disorders
- 16 Treatment of Psychological Disorders

High Middle Level Textbooks Continued—

- 17 Social Cognition
- 18 Social Influence

Special Features

The text contains two regularly-appearing featured discussions related to critical thinking and methodology. Thinking Critically sections model the critical thinking process about a particular issue (e.g., Can subliminal stimuli influence your behavior?) through the use of five questions related to clarifying an assertion, examining evidence, seeking alternative explanations, assessing what additional evidence is needed, and reaching a conclusion. The Focus on Research Methods feature examines how research can advance our knowledge of a specific topic (e.g., Personality and health). It is structured around five questions related to understanding the researcher's question, exploring how the question was answered, understanding the results and implications of the findings, and determining what is left to be explored. In addition, beginning with Chapter 2, a Linkages feature at the end of each chapter presents three questions that illustrate ways in which material in the chapter is related to other chapters in the book. For each Linkage, one of the questions is treated more fully in a special section in the chapter.

Changes in This Edition

There have been no significant changes in the 7th edition of this text.

Review

Authorship and Edition: Bernstein, D. A., Roy, E. J., Srull, T. K., & Wickens, C. D. (1991). *Psychology* (2nd ed.). Review: Nallan, G. B. (1992). Introductory psychology textbooks: Quantity does not equal quality. *Contemporary Psychology*, 37, 483-485.

Briefer Version

Bernstein, D. A., & Nash, P. W. (2005). *Essentials of psychology* (3rd ed.). Boston: Houghton Mifflin.

ISBN: 0-618-21329-5

The major goals of this 559 page, single-column format, 14-chapter briefer text are to focus on topics representing the full range of psychology, without overwhelming the reader with details, provide many active learning exercises that invite students to work with text material in a way that facilitates remembering and understanding, help students develop their ability to think critically and scientifically by examining the ways that psychologists have solved, or failed to solve, puzzles of human behavior and mental processes, and explain the content of psychology with an emphasis on the doing of psychology, grounding all discussions in current and classic research studies. The chapters are organized in a manner similar to the full-length text and have been “streamlined” to easily fit into single semester coverage. The reduction in length (approximately 186 pages in the body of the text) is accomplished primarily by consolidation of the following chapters; introductory and methods, sensation and

High Middle Level Textbooks Continued—

perception, cognition, language, and intelligence, and social cognition and social behavior. The briefer version does not contain the appendix on behavioral genetics. Major sections and subsections are similar in the two versions. Unlike the full-length version, the briefer version includes multiple-choice self-tests at the end of each chapter and questions-as-organizers that are answered in the chapter summary.

The briefer version contains three regularly-appearing features similar to those in the full-length version (Thinking Critically, Focus on Research, and Linkages). In addition, as part of the “Active Review” section at the end of each chapter, two features, (a) “Putting It in Writing” and (b) “Personal Learning Activity,” encourage students to write about a chapter-related topic and to collect, analyze, and discuss some data on a chapter-related principle or phenomenon. End-of-chapter material also includes a list of courses, movies, books, and websites to assist finding additional information about each chapter’s topics.

Reviews

Authorship and Edition: Bernstein, D. A., & Nash, P. W. (1999). *Essentials of psychology*. Review: Koenig, C. S., & Griggs, R. A. (2000). Is less better? Focusing on the “essentials” of psychology. *Contemporary Psychology*, 45, 444-446.

High Middle Level Textbooks Continued—

Gazzaniga, M. S., & Heatherton, T. F. (2006). *Psychological science* (2nd ed.). New York: Norton.

ISBN: 0-393-92497-1

Publisher Contact Information:

W. W. Norton & Company, Inc. 500 Fifth Avenue, New York, NY 10110

Phone: 800-353-9909

Web Site: www.wwnorton.com

Goals. Organization, and Content

The major goal of this 656 page, single-column format, 15-chapter, high middle level text is to provide students with what they need to know to be informed about psychological science. Four themes are woven through the chapters: 1) psychological science is cumulative, 2) a biological revolution has been energizing research, 3) the mind is adaptive, and 4) psychological science crosses many levels of analysis.

The text contains a separate chapter on research methods, which includes information about statistics. Biological psychology receives two chapters of coverage, one of which includes material on consciousness. Language receives brief coverage in the developmental chapter and the topic of emotion is combined with stress and health.

The text contains the following chapters:

- 1 Introduction to Psychological Science
- 2 Research Methodology
- 3 Genetic and Biological Foundations
- 4 The Brain and Consciousness
- 5 Sensation, Perception, and Attention
- 6 Learning and Reward
- 7 Memory
- 8 Thinking and Intelligence
- 9 Motivation
- 10 Emotions and Health
- 11 Human Development
- 12 Personality
- 13 Disorders of Mind and Body
- 14 Treating Disorders of Mind and Body
- 15 Social Psychology

Special Features

The text is organized around an “Ask and Answer” pedagogical format intended to reinforce four to six major principles in each chapter. In addition, a timeline at the beginning of each chapter highlights major developments within various domains of

High Middle Level Textbooks Continued—

psychology. The text includes three regularly-appearing features: (a) Thinking Critically, containing stories from newspapers and magazines on controversial topics to enable students to formulate conclusions based on available information (e.g., Should Drugs Be Used to Treat Adolescent Depression?), (b) Profiles in Psychological Science, describing case studies to show how people's lives can intersect with science (e.g., One Boy's Journey out of Autism's Grasp), and (c) Psychological Science in Action, highlighting major areas of applied research and possible careers in various fields (e.g., Forensic Assessment and Profiling). Each chapter ends with page-referenced key terms and a list of suggested readings.

Changes in This Edition

The previous regularly-appearing features, Research Questions for Studying, Studying the Mind, Using Psychological Science, and Crossing Levels of Analysis, have been eliminated. In this new edition, the authors have combined the previous two chapter coverage of social psychology and human development into single chapter coverage each.

Reviews

There have been no reviews as of December, 2005.

High Middle Level Textbooks Continued—

Kowalski, R., & Westen, D. (2005). *Psychology* (4th ed.). New York: Wiley.

ISBN: 0-471-44757-9

Publisher Contact Information:

John Wiley & Sons, Inc. 605 Third Avenue, New York, NY 10158

Phone: 800-945-3933, ext 34810

Web Site: www.wiley.com

Goals, Organization, and Content

The major goals of this 692 page, single-column format, 18-chapter, high middle level text are to draw students into the material in such a way that they begin to ask probing questions about the information and begin to see psychology at work in your everyday lives. A major theme is giving students a sense of the “big picture,” that is, how human beings think, feel, and behave, and how the evolving science of psychology continually addresses and re-addresses the key questions in the field – questions about the relation between psychological events and their neural underpinnings, between cognition and emotion, between cultural processes and human evolution, between nature and nurture, and so forth.

The text includes a separate methods chapter, two developmental chapters, and two social psychology chapters. There is no statistical appendix. Rather, this material is integrated into the research methods chapter.

The text contains the following chapters:

- 1 Psychology: The Study of Mental Processes and Behavior
- 2 Research Methods in Psychology
- 3 Biological Bases of Mental Life and Behavior
- 4 Sensation and Perception
- 5 Learning
- 6 Memory
- 7 Thought and Language
- 8 Intelligence
- 9 Consciousness
- 10 Motivation and Emotion
- 11 Health, Stress, and Coping
- 12 Personality
- 13 Physical and Cognitive Development
- 14 Social Development
- 15 Psychological Disorders
- 16 Treatment of Psychological Disorders
- 17 Attitudes and Social Cognition
- 18 Interpersonal Processes

High Middle Level Textbooks Continued—

Special Features

The text contains regularly-appearing featured discussions related to biology and diversity. These discussions include (a) From Brain to Behavior, focusing on concepts and findings from biopsychology and the neurosciences through discussion of a specific issue (e.g., Personality and Pain Proprioceptive Senses), and (b) A Global Vista, using ethnographic material and cross-cultural studies to explore psychological phenomena in other cultures (e.g., Cross-Cultural Variation in Memory—Better, Worse, or Just Different?). The text includes a feature called One Step Further, which presents advanced discussions of some aspect of a chapter topic with a strong methodological or conceptual focus (e.g., Is Language Distinctly Human?) that professors can choose to assign or not assign depending on their interests and the students' ability level. In addition, the textbook uses photos to link concepts and visual images through two features: (a) Making Connections, which illustrates and links material from different chapters and (b) Apply & Discuss, which combines visual imagery with critical thinking to challenge students to apply what they have just learned. Given the text's emphasis on psychology's "big picture", throughout the text, "Big Picture Questions" are posed to highlight philosophical questions central to the study of psychology (e.g., To what extent is human psychology continuous with the psychology of other animals?). Each chapter ends with a list of page-referenced key terms.

Changes in This Edition

The primary change in the 4th edition is the addition of Robin Kowalski as first author. Additionally, the material on emotion has now been combined with motivation, material on health has been added to the stress and coping content, and the previous statistical supplement has been integrated into the research methods chapter. The text's emphasis on psychology's "big picture" is a new theme for this edition.

Review

Westen, D. (1996). *Psychology: Mind, brain and culture*. Review: Nallan, G. B. (1997). Introductory psychology textbooks: Four encyclopedic tomes. *Contemporary Psychology*, 42, 445-446.

High Middle Level Textbooks Continued—

Nairne, J. S. (2006). *Psychology: The adaptive mind* (4th ed.). Belmont, CA: Wadsworth.

ISBN: 0-534-60538-9

Publisher Contact Information:

Wadsworth/Thomson Learning, 10 Davis Drive, Belmont, CA 94002

Phone: 800-423-0563

Web Site: www.wadsworth.com

Goals, Organization, and Content

The major goal of this 567 page, single-column format, 16-chapter, high middle level text is to help students understand the value and usefulness of psychology by examining how behaviors, thoughts, and emotions help solve important problems every day. The text employs an adaptive problem solving approach to illustrate that behaviors, as well as the methods of psychologists, are reactions to problems faced, leading to an appreciation of individuality and diversity.

The text includes a separate research methods chapter and coverage of social psychology precedes the health-related chapters. It does not contain a statistical appendix, but some statistical concepts are discussed in the methods chapter.

The text contains the following chapters:

- 1 An Introduction To Psychology
- 2 The Tools of Psychological Research
- 3 Biological Processes
- 4 Human Development
- 5 Sensation and Perception
- 6 Consciousness
- 7 Learning from Experience
- 8 Memory
- 9 Language and Thought
- 10 Intelligence
- 11 Motivation and Emotion
- 12 Personality
- 13 Social Psychology
- 14 Psychological Disorders
- 15 Therapy
- 16 Stress and Health

Special Features

The text contains one regularly-appearing featured discussion, Practical Solutions, illustrating how psychological research results are applied to practical problems (e.g., Choosing a Day-Care Center). Each chapter ends with a list of page-referenced key terms, supplementary readings, and a list of relevant websites.

High Middle Level Textbooks Continued—

Changes in This Edition

The Previewing the Conceptual (or Adaptive) Problem and Solving the Conceptual (or Adaptive) Problem features of previous editions are not present in the 4th edition.

Reviews

There have been no reviews as of December, 2005.

High Middle Level Textbooks Continued—

Pastorino, E., & Doyle-Portillo, S. (2006). *What is psychology?* Belmont, CA: Wadsworth.

ISBN: 0-15-507333-8

Publisher Contact Information:

Wadsworth/Thomson Learning, 10 Davis Drive, Belmont, CA 94002

Phone: 800-423-0563

Web Site: www.wadsworth.com

Goals, Organization, and Content

The major goal of this 744 page, single-column format, 16-chapter, high middle level text is to create a textbook with a clean, non-distracting format that students will find interesting to read, easy to read, and memorable.

The text includes two developmental chapters, social psychology precedes the coverage of health-related material, and there is one nontraditional chapter on gender and sexuality.

The text contains the following chapters:

- 1 What is Psychology?
- 2 How Does Biology Influence Our Behavior?
- 3 How Do We Sense and Perceive Our World?
- 4 Consciousness: Wide Awake, in a Daze, or Dreaming?
- 5 How Do We Learn?
- 6 How Does Memory Function?
- 7 Cognition, Language, and Intelligence: How Do We Think?
- 8 Motivation and Emotion: What Guides Behavior?
- 9 How Do Children Grow, Change, and Develop?
- 10 How Do Adolescents and Adults Change and Develop?
- 11 How Do Gender and Sexuality Impact Our Behavior?
- 12 How Do We Understand and Relate to Others?
- 13 Health, Stress, and Coping: How Can You Create a Healthy Life?
- 14 What is Personality, and How Do We Measure It?
- 15 What are Psychological Disorders and How Can We Understand Them?
- 16 What Therapies Are Used to Treat Psychological Problems?

Special Features

The text contains one regularly-appearing boxed feature, It's A Diverse World, which highlights how the field of psychology embraces diversity (e.g., A Japanese View of Reinforcement). In addition, marginal icons labeled "Application" direct students' attention to in-text examples and demonstrations of psychological concepts. Each chapter ends with a page-referenced list of key terms, suggestions for further reading, and web links related to chapter content.

High Middle Level Textbooks Continued—

Changes in This Edition

This is the first edition of this textbook.

Reviews

There have been no reviews as of December, 2005.

High Middle Level Textbooks Continued—

Santrock, J. W. (2003). *Psychology* (7th ed.). New York: McGraw-Hill.

ISBN: 0-07-249412-3

Publisher Contact Information:

McGraw-Hill Higher Education, 2 Penn Plaza, 20th floor, New York, NY 10021

Phone: 800-338-3987

Web Site: www.mhhe.com

Briefer version available.

Goals, Organization, and Content

The major goal of this 696 page, single-column format, 16-chapter high middle level text is to incorporate content, exercises, and resources that focus on psychology as a relevant science, with increased emphasis on the biological aspects of psychology, positive psychology, and key ideas.

The text includes a separate methods chapter. It does not contain a statistical appendix, but some statistical concepts are discussed in the methods chapter.

The text contains the following chapters:

- 1 What is Psychology?
- 2 Psychology's Scientific Methods
- 3 Biological Foundations of Behavior
- 4 Human Development
- 5 Sensation and Perception
- 6 States of Consciousness
- 7 Learning
- 8 Memory
- 9 Thinking and Language
- 10 Intelligence
- 11 Motivation and Emotion
- 12 Personality
- 13 Psychological Disorders
- 14 Therapies
- 15 Stress, Coping, and Health
- 16 Social Psychology

Special Features

Each chapter begins with a vignette highlighting issues to be covered. Section Maps and a Chapter Summary Map offer visual overviews of key topics. Throughout the text and at the end of each chapter, Connections icons remind students to refer to the student study guide, CD-ROM, or Online Learning Center for additional materials. The text contains two regularly-appearing features: Psychology of Life, emphasizing psychology's everyday relevance (e.g. How Creative Is Your Thinking?) and Critical Controversy, addressing controversial issues in psychology that promote critical thinking (e.g., Is Bilingual Education a Good Thing?). Each chapter ends with a list of page-

High Middle Level Textbooks Continued—

referenced key terms and Apply Your Knowledge activities, some of which involve Internet usage.

Changes in This Edition

Changes made in the 7th edition include increased emphasis on neuroscience, genetics, evolutionary psychology, positive psychology, diversity, controversies, and careers. The Human Development chapter has been moved to Chapter 4. Learning goals are linked directly to primary section headings.

Review

Authorship and Edition: Santrock, J. W. (1997). *Psychology* (5th ed.). Review: Nallan, G. B. (1998). Introductory psychology textbooks. *Contemporary Psychology*, 43, 411-413.

Briefer Version

Santrock, J. W. (2003). *Psychology: Essentials* (2nd ed.). New York: McGraw-Hill.

ISBN: 0-07-256201-3

The major goals of this 546 page, single-column format, 14-chapter briefer text are similar to those of the full-length version. Chapters are ordered in a similar manner. The reduction in length (approximately 150 pages in the body of the text) is partly accomplished by combining the What is Psychology? and Scientific Methods chapters and by combining the Thinking and Language chapter with the Intelligence chapter. Unlike the prior briefer edition, the 2nd edition includes a Health and Well-Being Chapter.

The text contains vignettes, Section and Chapter Summary Maps, Connections icons, and regularly-appearing features (Psychology of Life and Critical Controversy) similar to those in the full-length version. It also contains the same end of chapter features (page-referenced key terms and Apply Your Knowledge activities) and the same pedagogical aids as the full-length text.

Reviews

There have been no reviews as of December, 2005.

High Middle Level Textbooks Continued—

Weiten, W. (2004). *Psychology: Themes and variations* (6th ed.). Belmont, CA: Wadsworth.

ISBN: 0-534-59770-X

Publisher Contact Information:

Wadsworth/Thomson Learning, 10 Davis Drive, Belmont, CA 94002

Phone: 800-423-0563

Web Site: www.wadsworth.com

Briefer version available.

Goals, Organization, and Content

The major goals of this 688 page, two-column format, 16-chapter, high middle level text are to show both the unity and diversity of psychology's subject matter, to illuminate the process of research and its intimate link to application, and to make a text that is challenging to think about and easy to learn from. Major themes relate to psychology as a field of study (empiricism, theoretical diversity, and sociohistorical context) and psychology's subject matter (multifactor causation, cultural heritage, heredity and environment, and subjectivity of experience).

The text includes a separate methods chapter. In addition to a statistical appendix, the text includes four other appendices: Answers to Concept Checks, Industrial/Organizational Psychology, Evaluating the Quality of Web-Based Resources, and URLs for Recommended Web Links.

The text contains the following chapters:

- 1 The Evolution of Psychology
- 2 The Research Enterprise in Psychology
- 3 The Biological Bases of Behavior
- 4 Sensation and Perception
- 5 Variations in Consciousness
- 6 Learning
- 7 Human Memory
- 8 Language and Thought
- 9 Intelligence and Psychological Testing
- 10 Motivation and Emotion
- 11 Human Development Across the Life Span
- 12 Personality: Theory, Research, and Assessment
- 13 Stress, Coping, and Health
- 14 Psychological Disorders
- 15 Treatment of Psychological Disorders
- 16 Social Behavior

High Middle Level Textbooks Continued—

Special Features

The text contains regularly-appearing featured discussions related to applications, critical thinking, and methodology. These discussions include (a) Personal Applications, a final three to six page section in each chapter illustrating useful ways to apply psychological concepts (e.g., Understanding Eating Disorders), (b) Critical Thinking Applications, two-page discussions by an expert in critical thinking that teach students specific reasoning skills and how to use them on chapter material (e.g., How Accurate Are Flashbulb Memories?), and (c) Featured Studies, structured discussions of specific research studies, highlighting the purpose-methods-results-discussion format of journal articles (e.g., Can Hypnosis Improve Eyewitness Memory?).

Throughout each chapter are two marginal features: (a) Preview Questions that are answered at the end of each chapter in a “Review of Key Points” section and (b) a CD-icon/module number indicating material that is explored on the *PsykTrek* CD-ROM. At the end of each chapter, a Putting It In Perspective section discusses the connections between chapter content and relevant unifying themes, and the chapter summary includes lists of key terms and key people.

Changes in This Edition

There have been no significant changes in the 6th edition of this text. One new pedagogical device, Concept Charts, provides a two-page visual overview of a single chapter and is a separate booklet that is shrink-wrapped to every new copy of the textbook.

Reviews

Authorship and Edition: Weiten, W. (1989). *Psychology: Themes and variations*.
Review: Griggs, R. A. (1990). Introductory psychology texts: Survival of the fittest. *Contemporary Psychology*, 35, 659-662.

Authorship and Edition: Weiten, W. (1989). *Psychology: Themes and variations*.
Review (separate segments for reviewer and author): Williams, P. S., & Weiten, W. (1991). *Teaching of Psychology*, 18, 187-188.

Authorship and Edition: Weiten, W. (1992). *Psychology: Themes and variations* (2nd ed.). Review: Nallan, G. B. (1994). Introductory psychology textbooks: Suitable for one semester, or two? *Contemporary Psychology*, 39, 143-144.

Authorship and Edition: Weiten, W. (1998). *Psychology: Themes and variations* (4th ed.). Review: Landrum, R. E. (2000). The encyclopedic nature of introductory psychology: Two examples. *Contemporary Psychology*, 45, 101-104.

Briefer Version

Weiten, W. (2005). *Psychology: Themes and variations, briefer version* (6th ed.). Belmont, CA: Wadsworth.

ISBN: Paperbound 0-534-63288-2
Hardbound 0-534-64266-7

High Middle Level Textbooks Continued—

The major goals and themes of this 488 page, two-column format, 15-chapter briefer text are similar to those of the full-length version. Chapters are ordered in a similar manner. This text is 200 pages shorter than its full-length version; a reduction achieved primarily by deleting entire coverage of topics, such as psychophysics, mental retardation, and blocking in classical conditioning, rewriting to compress and simplify coverage throughout the entire text, and combining the cognition and intelligence material into a single chapter.

Like the full-length version, the briefer text contains the Critical Thinking, Personal Applications, and Putting It in Perspective features. It does not include the Preview and Review features, the marginal listing of important terms with their definitions, or the Featured Studies. Marginal CD and Web link icons that reference *PsykTrek* and relevant websites are also included. The briefer version also includes some similar pedagogical aids as the full-length version. New to this edition is an Active Learning Resources section at the end of each chapter that lists available media resources related to chapter content.

Review

Authorship and Edition: Weiten, W. (1997). *Psychology: Themes and variations, briefer version* (3rd ed.). Review: Nallan, G. B. (1998). Introductory psychology textbooks. *Contemporary Psychology*, 43, 411-413.